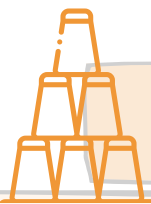


Vroom Tips™ for Building Activities



CUP TOWER

2-5 years

You don't need much to build fun things around the house. Grab a few plastic cups and stack them into a tower and then show your child how fun it is to knock them all down. Hand the cups over and let them have a go. Take turns building all kinds of new towers!

Brainy Background:

Supporting children as they explore and discover will help them become learners for life. This game also helps them learn how the physical world around them works. Chat back-and-forth about their discoveries!



STACKING TIME

1-3 years

Cooking or cleaning chores are great for Stacking Time! Give your child some containers of different sizes, like plastic food storage boxes. Show them how to stack them, then let them take a turn. How high can they build their tower? Praise them for their efforts saying, "You're working so hard to build that tall tower!"

Brainy Background:

Not only is this a fun activity, but your child is learning early science and math concepts. When stacking their tower they'll practice thinking about balance and space. They're stretching their thinking by building with different sized materials. By encouraging your child to keep trying, they gain confidence. This will help in taking on new challenges.

Take turns stacking things with your child to build a tower. Say, "My turn," as you stack one and then, "Your turn," as they do. Eventually, stop using words. Do they keep taking turns? Try to playfully break the rules and take two turns. What do they do?



TURN TOWER

3-4 years

Brainy Background:

You're showing your child the importance of working together as you build, while also asking them to focus to make sure the tower stays up. They're also using their memory to keep track of whose turn it is, without your words to guide them.



MS LIFT is a program of The Mississippi Department of Human Services.

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