

# Vroom tips™ for MATH

$1 + 2$

## ANIMAL BITES

18 months - 3 years



Sometimes mealtime can be a challenge. Encourage your child to eat by offering them choices about how they eat. You can say something like, "Do you want two big dinosaur bites or four little bird bites?" Count the bites together and ask them to think of their own "Animal Bites" eating ideas.

Brainy Background:

When you help your child to make their own choices, you show them they can do even difficult things. This helps them take on challenges and develop confidence. Counting "Animal Bites" together is a fun math experience for them too!

## CLAP AND COUNT

4 - 5 years



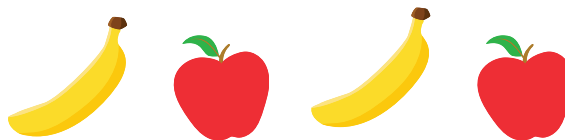
Ask your child to clap with you. Say a number and clap that many times. Then make it harder by clapping on every other number as you count out loud together. One, two (clap), three, four (clap). Now try every third number.

Brainy Background:

To play Count and Clap your child has to stay focused and use self-control to count or clap according to the rules of the game and not go on autopilot. Your child is also practicing early math skills in a playful and fun way.

## ONE, TWO FOODS

2 - 3 years



Pick two food words, such as banana and apple, to make a word pattern two times. Repeat with your child, "Banana, apple, banana, apple." Have them pick two food words and make a pattern two times: "fork, spoon, fork, spoon." Talk about which word comes first and second.

Brainy Background:

When your child is choosing words, listening to words, and making patterns with you, they're creating and then using a rule. Understanding and applying rules in patterns helps them learn math concepts.