

VROOM TIPS™ FOR MUSIC



Singing Laundry

When you're doing laundry, sing every step: putting in detergent, closing the door, folding the clothes, etc. Watch your child and copy the sounds they make so you can create a song together. This is fun and puts a new spin on this chore.

Hot Potato

You and your child can play this game anywhere you are. Find a small item to pass back and forth and sing a song as you do. As the song ends, whoever has the object does something special or silly, like blink three times or jump up and down. Take turns.

Dancing Feet

Sing, or turn on music, and dance with your child! See if they can copy what you do with your feet. Try stomping one foot three times. What do they do? Copy their moves and build on them by adding a jump or going on tiptoe. Do they do it too? Keep the dance going!

Find more tips at Vroom.org



0-9 months

Brainy Background

When your child hears new sounds and sees you respond to the sounds they make, they're focused and engaged. When they're focused and engaged, they learn new words and sounds that will help them talk and read in the future.

3-4 years



Brainy Background

Playing "Hot Potato" gives your child practice in following rules and taking turns. It also gives them practice at self-control, a skill that helps them to stick with something long enough to meet their goals.

12 months - 2 years

Brainy Background

This kind of conversation with movement is one way for your child to learn about the importance of listening and responding when interacting with others. They're also practicing the life skills of focus and self-control as they copy your actions.