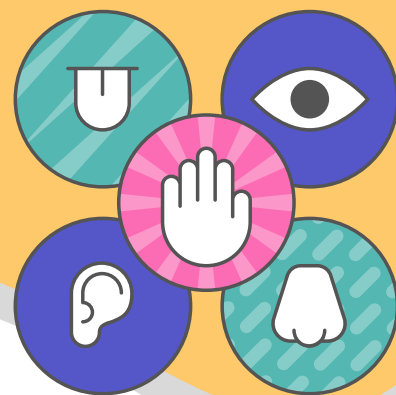


VROOM TIPS™ FOR SENSORY



Sharing the Story

When you're reading with your child, let them explore it with all of their senses. Allow them to touch, pat, hold, and even taste (if it's clean) what you're reading. Describe their actions like, "You're patting the picture of the bunny."

0-12 months

Brainy Background

Children learn through touching, feeling, and putting everything into their mouths. As you talk about their world and senses, you help connect words, pictures, and objects. Plus, you're not only sharing the story, you're sharing your joy of reading with them.



Laundry Sense

Give your child a chance to explore textures when you're putting away laundry. Before you fold, pass pieces to them first and ask how each feels. Is it soft, rough, thin, heavy? What else feels that way?

2-5 years

Brainy Background

This game helps your child "think like a scientist" because they're using their senses, including touch, to understand the world around them.



Scavenger Hunt

Try this five senses "Scavenger Hunt!" Ask your child to help you make a list of things they can find using their five senses. See if they can use all five: sight, taste, smell, hearing, or touch. If they need help with the list, you can make suggestions. "Can you see anything that smells sweet?" Or, "Is there anything here that tastes delicious?" Then, have them look for these things around the house.

4-5 years

Brainy Background

Making your "Scavenger Hunt" list with your child helps them practice putting things into categories. When you work together to make and use the list you also help them understand how important reading and writing are to daily life.

Find more tips at Vroom.org

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