Vroom tipsta for Building Activities





CUP TOWER

2-5 years

You don't need much to build fun things around the house. Grab a few plastic cups and stack them into a tower and then show your child how fun it is to knock them all down. Hand the cups over and let them have a go. Take turns building all kinds of new towers!

Brainy Background:

Supporting children as they explore and discover will help them become learners for life. This game also helps them learn how the physical world around them works. Chat back-and-forth about their discoveries!



STACKING TIME

1-3 years

Cooking or cleaning chores are great for Stacking Time! Give your child some containers of different sizes, like plastic food storage boxes. Show them how to stack them, then let them take a turn. How high can they build their tower? Praise them for their efforts saying, "You're working so hard to build that tall tower!"

Brainy Background:

Not only is this a fun activity, but your child is learning early science and math concepts. When stacking their tower they'll practice thinking about balance and space. They're stretching their thinking by building with different sized materials. By encouraging your child to keep trying, they gain confidence. This will help in taking on new challenges.

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HOW MANY WAYS?

2-5 years

Brainy Background:

Thinking of lots of new ways to use an object challenges your child's imagination. This calls on flexible and creative thinking, important skills in life and in school.



