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Hand Games

Make up the hand actions to your favorite nursery rhymes (like “Hickory Dickory Dock” or “Itsy Bitsy Spider”). Face your child and hold their hands so they mirror you, for example, have the mouse run up the clock. Vary the pitch of your voice from high to low.

Nursery rhymes are great for promoting literacy and the mirrored actions teach left to right tracking, another pre-reading skill. The vocal play will engage your child and make the interaction more interesting and fun.

Ages 2-3



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