

Clinical Summary of Well Visit Planner® Findings: 18 Month Well Visit

Date of Well Visit: No response • Date WVP Completed: 2/4/2023 • Birth Month & Year: 7/2021

Key: family response indicated no or low risk family response indicated some risk or concern family did not respond; nonresponse could indicate risk



Screening and Assessments Summary and Topics to Address: Assess & Address

Child Development

Developmental Surveillance and Screening

Developmental Screening SWYC milestones score¹: 12 (Results from 18 Month SWYC: met age expectations); score may or may not indicate a delay. Clinical review with family needed.

Very Much

- Kicks a ball
- Names at least 5 body parts - like nose, hand, or tummy
- Names at least 5 familiar objects - like ball or milk
- Runs
- Walks up stairs with help

Somewhat

- Climbs up a ladder at the playground
- Uses words like "me" or "mine"

Not Yet

- Jumps off the ground with two feet
- Puts 2 or more words together - like "more water" or "go outside"
- Uses words to ask for help

Autism spectrum disorder screen (M-CHAT R/F): 4 (Moderate risk);

Administer M-CHAT Follow-Up for specific responses

- Child does not like climbing on things
- Child does not show caregiver things just to share
- Child does not try to get caregiver to watch them
- Child gets upset by everyday noises

Caregiver reports completing standardized developmental, behavioral screening: No

Caregiver's overall level of concern about child's development, learning, behavior: A little

Hearing concerns: No

Speaking concerns: Yes

Lazy or crossed eyes: No

Bowel movements/urination concerns: No

Health Behaviors

Smoking

Flag for potential alcohol misuse

Recreational/non-prescription drug use

Relational Health Risks

Intimate partner violence risk²

- Caregiver and partner work out arguments with some difficulty

Social Factors/Determinants

Economic Hardship: Somewhat/very often hard to cover costs of basic needs, like food or housing

Positive impact of COVID-19 on child: A little

Negative impact of COVID-19 on child: Somewhat

Impact of Covid-19 on family's well-being: More stress

Caregiver Emotional Health

Depression risk: PHQ-2⁴ Score: 1: Down, depressed, or hopeless several days over the past 2 weeks

Caregiver social support: Does not have at least one person they trust and can go to with personal difficulties

Caregiver self care/hobbies: Has not spent time in last 2 weeks doing things they enjoy

Caregiver coping: Not Very Well

Other assessments added by provider:

Preschool Pediatric Symptom Checklist (PPSC): no/low risk
Safe Environment for Every Child (SEEK) : At-risk
PEARLS ACEs score³: 2
PEARLS Toxic Stress Risk Factor score³: 1
Child flourishing: At Risk
Family resilience: Caregiver did not respond
Parent-child connection: No/Low Risk

[See details on 2nd page](#)

Additional caregiver/parent goals and/or concerns to address during the visit:
Finding a pre-school

About This Child

Name: Example Child **Initials (F M L):** EC

Special Keyword: Example WVP

WVP completed by: Mother

Gender: Female

Insurance coverage/type: Private or Employment-based

Interested in telemedicine visits: No

Concerns about telemedicine to address: Losing a sense of connection, respect and warmth with provider

General Health and Updates

Child's Health and Health History

Child has ongoing health problem requiring above routine services (CSHCN screener⁵)

New medications: Amoxicillin

Currently taking vitamins/herbal supplements

Dentist: Currently no dentist

Fluoride

Lead exposure

Family History and Updates

Lives with both parents: No

Recent family changes (e.g. move, job change, separation, divorce, death in the family): Job change

New medical problem in family

Parent/grandparent had stroke or heart problem before age 55

Parent has elevated blood cholesterol

Strengths to Celebrate! Connect & Celebrate

One thing that is going well for the caregiver as a caregiver:

Finding time to do chores while girls nap or play together

One thing the child can do that caregiver is excited about:

Communicating with us and her sister more every day!

Child Flourishing

Details on 2nd page

Parent-child connection

Details on 2nd page

Anticipatory Guidance Priorities Selected by the Family: Coach & Educate

View educational materials for the 18 Month Well Visit here:

<https://www.wellvisitplanner.org/Education/Topics.aspx?id=6>

This child's parent/caregiver selected the following top 4 priorities across each of the 24 recommended Bright Futures anticipatory guidance topics for the 18 Month Well Visit. Click on the links below to access information and resources to share with families on these priorities. See page 2 for additional resources.

1. [Making sure you have somewhere or someone to turn to for emotional support](#)
2. [Sibling rivalry](#)
3. [Ways to read to your child that promote his language development](#)
4. [What to do if your child swallows poison and when to call the poison control center](#)

¹SWYC Milestones: The developmental screening instrument of the Survey of Well-Being of Young Children (SWYC), which meets American Academy of Pediatrics' developmental screening guidelines ²Intimate partner violence risk assessed using the Woman Abuse Screening Tool-Short (WAST-Short), a two-question abuse screening tool ³The Pediatric ACEs and Related Life Events Screener (PEARLS) screens for a child's exposure to adverse childhood experiences (ACEs) and risk factors for toxic stress ⁴Caregiver depression risk is assessed using the Patient Health Questionnaire-2 (PHQ-2) for the 9 month well visit and beyond ⁵The Children with Special Health Care Needs (CSHCN) Screener is a validated 5-item screening tool identifying children with ongoing conditions and above routine service needs ⁶

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18 Month Well Visit Resources to Address Family Priorities and Risks

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Additional Assessments Summary and Topics to Address: *Assess & Address*

Child Development

- ⓘ **Preschool Pediatric Symptom Checklist (PPSC)** no/low risk

Gets upset if things are not done in a certain way
Has a hard time with change
Has a hard time calming down
Is fidgety or unable to sit still
Is hard to keep on a schedule or routine
Is hard to get to obey them

Social Factors/Determinants

- ⓘ **Safe Environment for Every Child (SEEK)** At-risk

Other

Would like Poison Control phone number
Needing smoke alarm for home

Harsh punishment

Child is difficult to take care of

Major caregiver stress

Child is difficult to take care of
Wishing for more help with child

Caregiver depression

Feeling under extreme stress

Family and Child Positive Indicators

- ⓘ **Child flourishing:** At Risk

Usually affectionate or tender with them
Usually shows interest and curiosity in learning new things
Usually smiles and laughs

- ⓘ **Family resilience:** Caregiver did not respond

- ⓘ **Parent-child connection:** No/Low Risk

Relational Health Risks

- ⓘ **PEARLS ACEs score³:** 2

Child has lived with parent/caregiver who had mental health issues
Significant changes in relationship status of caregivers

- ⓘ **PEARLS Toxic Stress Risk Factor score³:** 1

Family worries about having enough food to eat/food running out before buying more

About This Child

Name: Example Child **Initials (F M L):** EC

Special Keyword: Example WVP

WVP Completed by: Mother

Strengths to Celebrate from Additional Assessment!

Connect & Celebrate

Child Flourishing

Always bounces back quickly when things do not go their way

Parent-child connection

It is easy for them and child to look into each other's eyes for more than just a moment

It is not hard for them to come together after an upset

Child will comfort them

They love to spend time hugging

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Family Resources to Share Based on WVP Responses

The following resources may help promote this child and family's health and well-being. Topics with a checkmark indicate a potential risk based on WVP responses and resources are specific to the area of concern listed. If a topic does not have a checkmark, a risk was not flagged and the resources listed may help provide additional support.

About This Child

Name: Example Child Initials (F M L): EC
Special Keyword: Example WVP
WVP Completed by: Mother

Topic	Area of Concern	Resources
<input checked="" type="checkbox"/> Caregiver Emotional Health	- Depression risk	<ul style="list-style-type: none"> - How you balance taking care of yourself while being a parent - Recognizing and having strategies for when you may feel overwhelmed or stressed
<input checked="" type="checkbox"/> Child Development	<ul style="list-style-type: none"> - Caregiver concerned about child's development/learning - Speaking - SWYC milestones score 	<ul style="list-style-type: none"> - How your child might start to cling to you again or more - Your child's moods and emotions - Ways to guide and discipline your child - How your child talks - Behaviors to expect in the next few months from your 18-month-old
<input checked="" type="checkbox"/> Child's Health and Health History	- Dental care	- Your child's first check up with a dentist
<input checked="" type="checkbox"/> Family History and Updates	- Recent family changes (e.g. move, job change, separation, divorce, death in the family)	<ul style="list-style-type: none"> - Changes or stressors for you and your family - Indoor and outdoor childproofing - Checking for environmental hazards like mold, pesticides and radon
<input type="checkbox"/> Health Behaviors		<ul style="list-style-type: none"> - How tobacco, alcohol, or drug use in the home impacts my child - How a new mother's alcohol, drugs, herbs and other substance use can impact a baby
<input checked="" type="checkbox"/> Relational Health	- ACES/Toxic Stress	<ul style="list-style-type: none"> - Sibling rivalry - Making sure you have somewhere or someone to turn to for emotional support - Ways to promote positive, safe and supportive relationships in your home
<input checked="" type="checkbox"/> Social Factors/Determinants	<ul style="list-style-type: none"> - Concerns with meeting basic needs - Negative impact of COVID-19 	<ul style="list-style-type: none"> - Getting help for times when it may be hard to meet your family's basic needs, like food, clothing, and housing - Making sure you have somewhere or someone to turn to for emotional support

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Resources to Address Risks and Concerns

The following resources may help you prepare to communicate with families about the risks and concerns identified in the Well Visit Planner.

About This Child

Special Keyword: Example WVP
WVP Completed by: Mother

Topic	Resources
Communicating with families about potential risks (i.e. mental health, trauma, social determinants, and more)	<ul style="list-style-type: none"> - Mnemonic for Common Factors for communicating with families about potential risks that may be identified in the WVP - Policy Statement: Mental Health Competencies for Pediatric Practice - Perinatal Mental Health Toolkit for Pediatric Primary Care - AAP Toolkit: Screen and Intervene, A Toolkit for Pediatricians to Address Food Insecurity
Child development	<ul style="list-style-type: none"> - Clinical Report: Promoting Optimal Development: Identifying Infants and Young Children With Developmental Disorders Through Developmental Surveillance and Screening - Clinical Report: Promoting Optimal Development: Screening for Behavioral and Emotional Problems
Identifying and promoting family strengths	<ul style="list-style-type: none"> - Ways to Promote Children's Resilience to the COVID-19 Pandemic - Identifying Family Strengths- Practical examples for clinicians - Policy Report: The Pediatrician's Role in Family Support and Family Support Programs
Family-centered care	<ul style="list-style-type: none"> - Policy Statement: Family-Centered Care and the Pediatrician's Role - A Strengths-Based Approach to Screening Families for Health Related Social Needs

Anticipatory Guidance Priorities Selected by the Family

This child's parent/caregiver selected the following top 4 priorities across each of the 24 recommended Bright Futures anticipatory guidance topics for the 18 Month Well Visit. You may use the resources listed below to help address each of these priorities.

View WVP educational materials for the 18 Month Well Visit here: <https://www.wellvisitplanner.org/Education/Topics.aspx?id=6>

Priority	Resources
Making sure you have somewhere or someone to turn to for emotional support	<ul style="list-style-type: none"> - How Becoming Parents Can Affect Your Relationship (Children's Minnesota) - Preventing Parent Burnout (Child Mind Institute)
Sibling rivalry	<ul style="list-style-type: none"> - Dealing with Sibling Rivalry (AAP) - Sibling Rivalry (KidsHealth) - Controlling Sibling Rivalry (Positive Parenting Solutions)
Ways to read to your child that promote his language development	<ul style="list-style-type: none"> - Language Development: 1 Year Olds (AAP) - Toddler Reading Time (KidsHealth) - Importance of Reading Aloud (Reach Out and Read) - Reading Tips for Parents and Educators (KidsHealth)
What to do if your child swallows poison and when to call the poison control center	<ul style="list-style-type: none"> - Toddler Safety: Topics at the 18 Month Visit (AAP) - Tips for Poison Prevention and Treatment (AAP) - Keep Your Home Safe From Poisons (AAP)